REGIS COLLEGE STUDENT COUNCIL PRESENTS

## First Spiritual Exercises "Taster"

...explore contemplation... encounter the presence of Love... connect with your deepest desires... slowing down and reaching out... friendly conversations...



WEDNESDAYS, JANUARY 14 - FEBRUARY 16, 2022 TIME: 7-9PM, VIA IN-PERSON & ZOOM

Come! All are welcome. Join us as we journey through a 'taste' of St. Ignatius' First Spiritual Exercises.

No previous experience necessary.

QUESTIONS? EMAIL ASHLEYHV.TRAN @MAIL.UTORONTO.CA RSVP

