

**Application for
MASTER OF THEOLOGICAL STUDIES PROGRAM
REGIS COLLEGE**

Self Evaluation Form

Name of Candidate: _____

Please mark with “X” to describe yourself with respect to the following skills, characteristics, aptitudes and capacities.

5 = an area established strength	4 = proven ability	3 = some ability	2 = show aptitude	1 = would need to overcome obstacles to develop in this area	0 = unable to judge
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Communication, Learning

academic ability						
offer constructive feedback						
writing skills						
speak well in public						
able to solve problems						
listening skills						
able to revise a position						

Faith

faith is a part of daily life						
prayerful						
appreciate the gifts of others						
concerned about injustice						
accept limitations of others						

Social, Pastoral

takes initiative						
empathetic to others						
relate well to other cultures						
able to receive criticism						
adapt well to change						
work well in team setting						
have a sense of humour						
set realistic goals						
manage conflict well						
able to keep a confidence						
responsible						
seek the advice of others						

Signature: _____ Date: _____